



The Incredible

POWER OF FRIENDSHIP



UNPACKING GOTTMAN'S *THE SEVEN PRINCIPLES FOR MAKING MARRIAGE WORK*

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Maintaining a healthy relationship requires deliberate work and intention. Learn how to repair relationships and effectively resolve conflict through this 6 week course developed to compliment the Gottman Methods Couples Therapy.

The Station's staff completed Level I training in Gottman Method Couples Therapy to provide the most current, applicable materials that help you continue nurturing your relationship.