

THE STATION



FOUNDATION®



ANNUAL REPORT 2021





EMERGING STRONGER



# FROM THE TOP

With 2021 well behind us, reflection is a blur. This year is best remembered as a whirlwind of powerful journeys, matched only by an undertow of uncertainty from a pandemic that seemed to never quit. Of special moments delivering exceptional experiences of growth and healing, all within the turmoil of a world upside down.

I am most reminded of the special people and moments of this year that truly capture why we exist. Of Warriors coming home, rediscovering the gift of life, exploring what it feels like to experience bliss, hope and peace in their lives. Of Families reconnecting and restoring relationships broken by war — giving each other the grace to start over and the power of love all over again. And creating sacred space for our Families of the Fallen, who embody the legacies of our heroes through the lives they choose to live. While this year was a long bridge back into operational stability and consistency, it was full of these important reminders that make this mission so special in the first place.

Those moments that unfold in my heart are often accompanied by the stark reality of the journey required to get to **The Station** in the first place. Those we serve walk a very special path — an unforgiving path that requires a radical acceptance of its costs, and has no peers to compare against. When someone arrives at **The Station**, their packs are full, their backs are tired, their souls are worn. It's **The Station** that humbly serves as a beacon beyond war, guiding our SOF Community home.

In **The Station**'s tenth year of existence, we watched the fall of Afghanistan unfold in a matter of weeks. While many hoped this horrible outcome would serve as an important lesson on the impacts of twenty years of prolonged combat, our Community understood: the evil we pursue may never go away; we may never remove ourselves completely from this war; and our Community remains steadfast until the work is finished.

In my two decades of experience with this war and the Community we support, I find myself returning to what keeps many of us moving forward — hope, love, and light. While we may not choose the wars we fight, we have a choice in how we come home. It continues to be an incredible honor and challenge to walk with amazing families that make that choice, and choose **The Station Foundation** as a critical stop on their journey back to life. Thank you to those who answer such a calling, and to those who make sure the lights are on when we come home.



KEVIN STACY, EXECUTIVE DIRECTOR THE STATION FOUNDATION





# MONTANA PROGRAMS



# MONTANA PROGRAMS

Thanks to our team's dedication, creativity, and flexibility, **The Station** re-opened doors in January 2021, hosting eight in-person programs at Base Camp Jimmy.

We continued to develop our virtual program as well. In 2021 we expanded outreach experiences to include in-person events at our ourStations in Virginia Beach with plans to offer in-person events in San Diego in 2022.

## **NEW!** New Programs – The Journey and The Return

### The Journey

In 2020 **The Station's** annual review of programs identified two areas in need of growth. In 2021 we tested The Journey, a program to support young adults in the SOF/Gold Star Community.



The Journey positions us to walk beside these future leaders throughout their life journey and support them as they cross critical thresholds.

### The Return

In addition, we tested a new program for service members, providing a rite of passage for Warriors on their return home from war.



# MONTANA PROGRAMS CONTINUED

NEW!



Hosted at a private retreat outside of Bozeman, Montana, The Journey is an 8-day program designed for Gold Star Students transitioning from high school and college.

The Journey is designed to equip participants with the tools to confidently navigate the unfamiliar world beyond home.

Through the course of the program, students work closely with **The Station** to understand the obstacles that could stand in the way of their growth and success. Discussions center around the topics of stress and energy management, goal setting and activation, and the fundamentals of living a life of character.

Experiencing nature, mindfulness, creativity, and deep conversations, students walk away with the tools, support, and community to move forward confidently on their journey into and through adulthood.





# MONTANA PROGRAMS CONTINUED



## IN THEIR OWN WORDS

*I didn't realize how much I needed to slow down and find stillness from within until The Station reminded me how important self care is to keep my inner fire burning.*

*My experience this summer allowed me the time and space to reconnect with myself and find clarity amidst all the transitions taking place in my life. I left Montana feeling much lighter and motivated to take the necessary steps for personal growth.*

*Each day is a work in progress, but because of the tools learned I am able to set meaningful intentions so I show up fully present for the ones that matter most in my life and am capable of pursuing my goals.*

— Jazlyn Redd, **GOLD STAR PARTICIPANT**



# MONTANA PROGRAMS CONTINUED

NEW!

## THE RETURN

Over the course of nine days, participants explore what it means to be a man, embody the values and ethos of a Warrior, face their own “dragons”, and return home with a commitment to deep meaning and purpose.

This pledge is about honoring the gift of life, our enduring service to something bigger than ourselves, and leading as a light of hope and healing beyond war.



THE RETURN creates an authentic community – a tribe of virtuous men who actively choose the path less taken. This is a calling of sorts where together participants progress along the journey of the sacred return. It requires courage, vulnerability, trust, and above all, a desire for something deeper.



THE RETURN





NEW!

# INTERWOVEN



# INTERWOVEN OVERVIEW

NEW!



Photo by Burst on Unsplash

*Interwoven blends  
The Station's approach  
with the SOF local  
community.*

## Interwoven Combines In-person and Virtual Activities

Demands of daily family life make it hard to attend a 10 day wilderness retreat.

Interwoven is a practical complement to our in-person Montana programs. Comprised of both in-person experiences and virtual 4-6 week courses, Interwoven blends **The Station's** approach with SOF into their local community.

**The Station** has carefully curated intentional experiences to bring a taste of curriculum presented in Montana to SOF in their towns.





## INTERWOVEN OVERVIEW CONTINUED

NEW!

**The Station™ Debuts Satellite Hubs**

We are identifying towns across the nation to present in-person experiences outside of Montana. These are known as ourStations.

With high populations of SOF alumni families in Virginia Beach, our ourStations launched operations on the East Coast in fall 2021.

Seeing the success of our first ourStation event, we realized how vital it was for participants to experience connection and engage in activities with relevant content in a local setting.

To answer this need, we have identified two states to expand our ourStation services in 2022 and 2023.





## INTERWOVEN PROGRAMS



Photo by Patrick McGregor on Unsplash

**In-person Activities: Virginia Beach**

In October, Jamie Dockiewicz (*Director of Outreach Services*) launched the first in-person outreach event for SOF spouses in Virginia Beach, Virginia.

Spouses gathered together for a restorative, seaside yoga practice followed by a picnic lunch. Alumni of **The Station** invited friends within the SOF Community to get connected and engage with our alumni community.

This afternoon event introduced new participants to The **Station**'s mindfulness curriculum. It also provided an opportunity to enjoy nature's beauty surrounded by a sisterhood of women who understand one another's challenges.

In December, participants attended glass blowing experiences to learn the power of one's breath as an ever-present stress management tool.

We look forward to expanding our reach and making a greater impact through intimate, carefully crafted programs.

**In-person Activities: San Diego**

Our Virginia Beach outStation will serve as the model for outreach growth. In early 2022, **The Station** will begin in-person experiences on the West Coast, starting in San Diego.



60

**SOF INDIVIDUALS/FAMILIES  
WELCOMED/SUPPORTED IN  
VIRGINIA BEACH, VIRGINIA**

*The Station's Virginia Beach in-person programs gave us an opportunity to connect with and support 60 Gold Star, active duty, and retired SOF individuals and families.*

*The warm, positive response to Interwoven events reflects a desire for connection and support in the SOF Community.*



## INTERWOVEN PROGRAMS CONTINUED

## Virtual Activities

The COVID pandemic pushed **The Station** into unfamiliar territory as remote learning became our main connection with alumni.

These uncharted waters proved rich with opportunity to establish far reaching connection, friendship, and accountability – all antidotes to isolation, despair, and anxiety.

While we take pride that our in-person programs enable participants to disconnect from technology, we learned to appreciate the new virtual format for the intimacy and trust created between our staff and vetted participants.

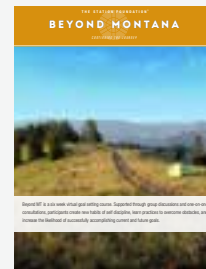
Virtual courses for families include empathy based *Emotion Coaching* <sup>(A)\*</sup> which utilizes moments of emotions to better connect with and understand those around you.

\*Inspired by Dr. John Gottman's research

(A)



(B)



(C)



(D)



Photo by Susanna Marsiglia on Unsplash



Courses specifically designed for spouses include *Beyond Montana* <sup>(B)</sup>, a SMART goal setting course encompassing habit formation, psychoeducation, somatic awareness, and personal reflection.

The online *Spouse Performance Program* <sup>(C)</sup> incorporates four weeks of virtual work to provide curriculum in preparation for the in-person *Spouse Performance Program* offered at Base Camp Jimmy.

Couples engaged in *The Power of Friendship* <sup>(D)</sup> course to deepen connection, resolve conflict, and improve communication.

*Jamie Dockiewicz Wrote Curricula for Six Virtual Programs to Support SOF Families and Gold Star Children!*



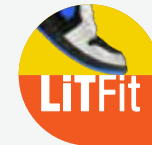
## INTERWOVEN PROGRAMS CONTINUED

WE HONOR THE UNIVERSAL PLEDGE SHARED AMONG FELLOW WARRIORS

You are Never Forgotten.  
We Will Take Care of Your Family.  
Your Life Serves as a Source  
of Strength and Love.



Photo by Aaron Burden on Unsplash.



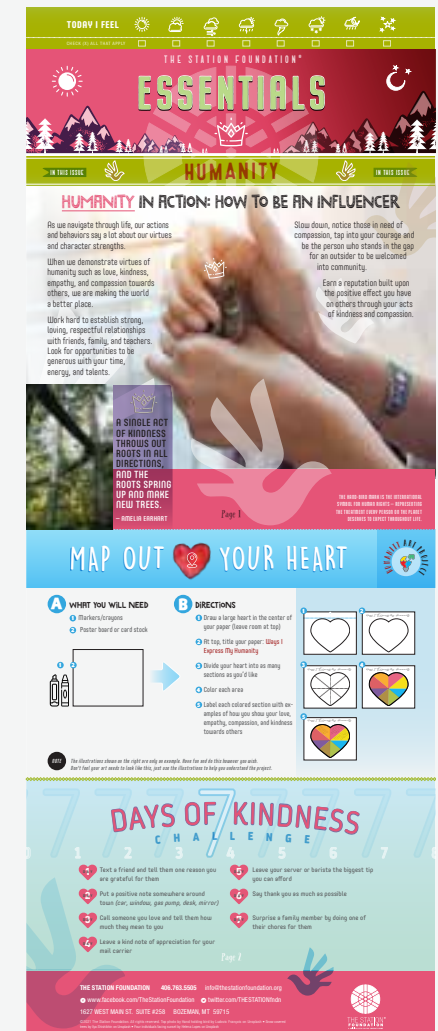
Leadership mentoring for Gold Star teens in middle and high school was facilitated through The Station's LiFit (*Leaders in Training Fitness*) program.

Students pursued personal development, family enrichment, and civic engagement goals with monthly online discussions, accountability trackers, and LiFit calendars.

In 2021, The Station introduced LiT Essentials,<sup>A</sup> which included monthly newsletters focused on helping these young leaders put virtues and character strengths into action.

Our LiFit program introduced dynamic study, stress, and time management skills so students have the tools to succeed.

A



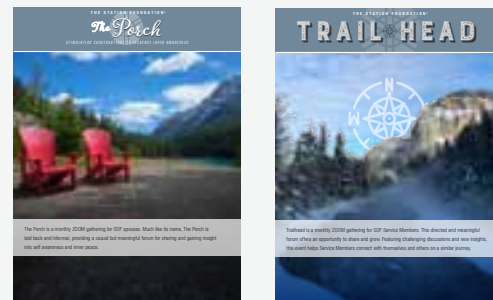


# INTERWOVEN PROGRAMS CONTINUED



B

LiTFit wellness calendars <sup>B</sup> provided students with activities each month to cultivate personal wellness, spend quality time with family, give back to their community through volunteerism, and practice important life skills to prepare them for adulthood.



C

D

Utilizing Mighty Networks, The Station developed a secure, private, online platform to connect with our community. Course materials for virtual programs continue to be posted to this dynamic, user friendly platform.

The Porch <sup>C</sup>, our informal Spouse group, and Trailhead <sup>D</sup>, our online gathering for service members, work to bring The Station community together to connect and review tools and resources for continued growth.



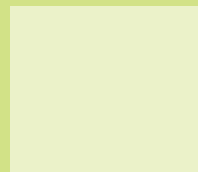




DEVELOPMENT



# DEVELOPMENT



YEAR AFTER YEAR  
OUR DONORS AND PARTNERS  
SHOW UP TO GROW THE  
PROGRAMS THAT HELP  
OUR SOF COMMUNITY HEAL.  
  
WE ARE HUMBLLED BY THEIR  
TRUST AND GENEROSITY  
AND STRIVE EVERY DAY  
TO HONOR ALL THEY  
HAVE ENTRUSTED.

## Ensuring Continued Success

We shared earlier about our participant growth over the last two years. A decade of effective programs and trust built among Special Operations Families and Gold Star Children has propelled demand for our programs. Your generous support will help us meet this critical need.

In 2022, we will continue to develop meaningful relationships with current supporters while introducing more patriot friends to **The Station's** work. Our goal is to provide full funding for an expanded program budget.

## Strong SOF Community Support

- *Special Operations Care Fund*
- *SEAL Family Foundation*

Our longstanding partnership with Special Operations Care Fund (*SOC-F*) and SEAL Family Foundation (*SFF*) grew in 2021.

Both nonprofits increased their support in response to demand for our programs. SOC-F and SFF have now given over \$1.7 million and \$245,000 for all SOF Families and SEAL Community programs, respectively.



Through the Generosity of Their Donors, SOC-F and SFF Continue to Make Significant Investments in **The Station's** Work. *Thank You!*





# DEVELOPMENT CONTINUED

## Giving Society Continues to Grow

We are honored by all donors who choose to support our efforts in the U.S. SOF Community.

The Station recognizes supporters' contributions through our Giving Society. Sixty five donors entered this society in 2021, including more than 15 new, first-time donors. As our programs expand so does our need for supporters who give generously to help welcome our SOF Families home from war.

Please contact Troy Schnack for more information on joining our Giving Society:  
[tschnack@thestationfoundation.org](mailto:tschnack@thestationfoundation.org)





# DEVELOPMENT CONTINUED

## Roland and Lynne Smith

Roland and Lynne have a long history of service. Roland served as a soldier and officer in the U.S. Army and Lynne served in support of his mission as a military spouse.

Lynn and Roland became aware of **The Station's** work with SOF this year and expressed interest in learning how they could support our efforts.

**The Station's** vision resonated deeply with the Smiths, whose mission is to make a positive difference in the world and continue serving our Nation.

We are excited to announce that Roland will join our Board of Directors in 2022. Welcome, Roland and Lynne!



*“Our support of **The Station Foundation** represents our commitment to SOF Operators and Families who continue to serve without fanfare. And need to fully come home for war, to continue to serve.”*

## Waymakers Success



The Waymakers are dedicated to underpinning **The Station's** sustainability. They make it possible for us to focus our efforts on actively supporting the SOF Community as it continues to serve so selflessly.

Thanks to the Waymakers, Base Camp Jimmy is now our permanent home and will remain a sanctuary for the SOF Community of operators, families, and Gold Star Children.

The Ranger and Frogman Cabins are dedicated, but the opportunity remains to dedicate a cabin in honor of one of the remaining U.S. Special Operations Command unit.



Currently available for dedication are: the Night Stalker Cabin, the Commando Cabin, and the Raider Cabin. In addition, naming opportunities for the Mindfulness Center, Art Shop, and Conference Center are still available.

Please contact Troy Schnack for more information on joining **The Waymakers**:  
[tschnack@thestationfoundation.org](mailto:tschnack@thestationfoundation.org)



# DEVELOPMENT CONTINUED



## Volunteer Opportunities

Volunteers continue to hold a special place in our hearts. Every time we send a call for support, the response is positive and immediate.

Last year, the pandemic prevented us from welcoming many volunteers. The year ahead promises more opportunities to volunteer and support Montana programs and ourStation logistics.

Please contact us if you are interested in learning more:

[info@thestationfoundation.org](mailto:info@thestationfoundation.org)

Direct link to the volunteer application:

[TSF VOLUNTEER APPLICATION FORM](#)





A wide-angle landscape photograph showing a calm lake in the foreground, surrounded by steep, forested mountains. The sky is filled with dramatic, grey clouds. The text "2021 NUMBERS" is centered over the middle of the image.

# 2021 NUMBERS



# FINANCIALS

## FISCAL YEAR 2021

PROGRAMS	( 77%)	\$ 1,024,621.72
DEVELOPMENT	( 13%)	\$ 169,021.73
GENERAL/ADMIN	( 10%)	\$ 137,388.61
TOTAL	(100%)	\$ 1,331,032.06



## PARTICIPATION DATA FROM 2021 PROGRAMS

### BEYOND MONTANA

- 100% Rated program as excellent support for individual goal setting, process, and consultations
- 78% Felt program significantly helped them become aware of how thoughts and emotions impact their behavior
- 100% Would recommend to a friend

### POWER OF FRIENDSHIP

- 100% Felt participation helped them have a stronger connection with their spouse
- 100% Would recommend the program to other SOF couples





# HOMECOMING FOR OUR SOF



# ABOUT THE STATION

THE STATION PROVIDES A REMOTE MONTANA  
SANCTUARY WHERE SPECIAL OPERATIONS  
FORCES, FAMILIES AND GOLD STAR CHILDREN  
RECHARGE, RECONNECT, AND REFOCUS ON A  
VIRTUOUS LIFE OF MEANING AND PURPOSE





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