

Abstract Art Exploration

EXPERIENCE CHARACTER IN MOTION AS YOU TAP INTO CREATIVITY AND CURIOSITY

ANOTHER  I-N-T-E-R-W-O-V-E-N- EXPERIENCE

JOIN THE STATION® FOR THIS HANDS-ON, ABSTRACT ART EVENT



This abstract art event is designed to help you experience character in motion by tapping into creativity and curiosity.

Abstract Art Experimentation

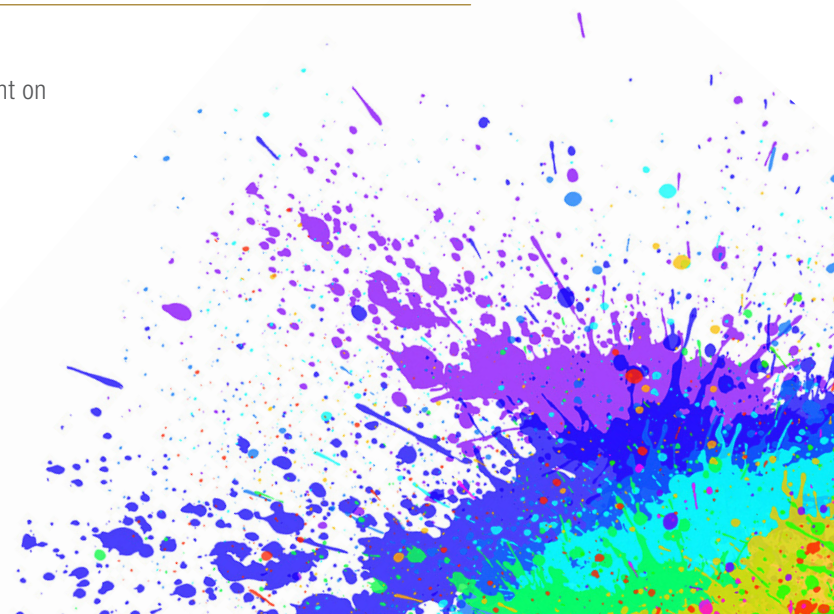
Come into embodiment of emotions and character through breathwork, visualization, and art. Release your inhibitions and feel the joy that comes with placing your thoughts, feelings, and emotions on canvas.

EVENT DETAILS

- ❖ Wear clothes you don't mind getting paint on (or walking away with a different color)
- ❖ Come with an open mind
- ❖ No experience required

NOTE

Participants are required to wear a mask (per CDC guidelines)



THE STATION FOUNDATION 406.763.5505 info@thestationfoundation.org

 www.facebook.com/TheStationFoundation  twitter.com/THESTATIONfndn

1627 WEST MAIN ST. SUITE #258 BOZEMAN, MT 59715



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A CRITICAL STOP ON THE JOURNEY HOME